



Practice Assignments

Each child will receive his/her practice assignment and finalized practice schedule Thursday 8/22 by email. If you have more than one child and you want to try and keep them in the same practice group, please email afimple@jccatlantic.org when you pre-register your children. We will make every attempt to accommodate your request. However, we will not push a second child UP into a group in which he/she does not belong.

Dates to Remember

Monday, August 26 – Registration Begins

Thursday, September 5 – Registration for the Margate Sharks and Shark Pups must be completed

Monday, September 9 – First Day of Practice

Friday, October 4 – Swim Suit Fitting 4-5:30P

Saturday, October 5 – Fitter & Faster Tour–for serious competitive swimmers 9yrs+

Sunday, October 6 – Fitter & Faster Tour–for serious competitive swimmers 9yrs+

Wednesday, October 16 – Blue vs. White Inter Squad Meet * Full Team Participation Required @ 6PM

Wednesday, January 15 – Blue vs. White Inter Squad Meet * Full Team Participation Required @ 6PM

Possible Dual Meet Dates for the 2019-2020 Season

Saturday, October 26

Saturday, December 14

Saturday, November 2

Saturday, January 4

Saturday, November 23

Saturday, January 11

Stroke Clinic Dates –4:30-5:30 PM \$10 per person

Friday, September 13 - Butterfly

Friday, October 4 – Freestyle

Friday, September 20 - Backstroke

Friday, October 11 – Starts & Turns

Friday, September 27 - Breaststroke

** Meet schedule dates and times will be available come October. Divisional championship meets have been scheduled for January 25 10U, January 26 11+

Other Swim Team Options

- ✓ **Fall Warm-Up: High School Swimmers ONLY**– for swimmers choosing to get ready to swim high school, **but** not train with the Sharks during high school swim season. The JCC will be offering a 9-week pre-season warm-up for **High School ONLY** swimmers Monday-Friday from September 9-November 1. As a part of this program, all swimmers are a part of the Sharks swim team and eligible to compete in both Dual Meets and USA Swim meets.
- ✓ **Shark Pups**– weekday program, which is an introduction into competitive swimming for younger swimmers. Shark pups will compete in **home** meets only.